

Discover the Best Breakfast in Winston-Salem: Top 10 Spots to Start Your Day

Winston-Salem, North Carolina, is a city that knows how to do breakfast right. From cozy diners serving up Southern staples to trendy cafes with modern twists, there's something for every morning craving. Whether you're a local or just passing through, these breakfast spots promise hearty plates, warm vibes, and that perfect cup of coffee to kickstart your day. Let's dive into the top 10 restaurants that make Winston-Salem a breakfast lover's paradise.

Famous Toastery

- **Google Reviews:** 1,500 reviews, 4.0 stars
- **Address:** 770 Liberty View Ct, Winston-Salem, NC 27101
- **Phone:** (336) 306-9023
- **Hours:** Monday–Sunday, 7 AM–3 PM
- **Reviewed by:** Sarah M.

Walking into Famous Toastery on a sunny Saturday morning, I was greeted by the smell of fresh coffee and sizzling bacon. My friends and I were looking for a spot to catch up over brunch, and this place hit all the right notes. The menu is packed with classics, but their flapjacks stole the show—think cinnamon swirl pancakes that are fluffy and just sweet enough. I went for the avocado toast with a poached egg, and it was a perfect balance of creamy, tangy, and rich. The portion sizes are generous, so you won't leave hungry. Our server was super friendly, keeping our coffee mugs full and chatting with us about the new Trade Street location. The vibe is relaxed, with plenty of indoor and outdoor seating, making it great for people-watching. I also loved their mimosas—freshly squeezed orange juice made all the difference. It's no wonder this place is a local favorite; it's got that welcoming, "come as you are" feel with food that's consistently delicious. I'm already looking forward to my next visit to try their famous biscuits and gravy. If you're in Winston-Salem, Famous Toastery is a must for a breakfast that feels like a warm hug.

Mama Zoe's

- **Google Reviews:** 900+ reviews, 4.5 stars
- **Address:** 2201 Cloverdale Ave, Winston-Salem, NC 27103
- **Phone:** (336) 722-1113
- **Hours:** Monday–Saturday, 7 AM–9 PM; Sunday, 7 AM–2:30 PM
- **Reviewed by:** Daniel R.

Last weekend, I took my family to Mama Zoe's for a laid-back breakfast, and it was exactly what we needed. The place has this cozy, family-style charm that makes you feel right at

home. I ordered the pancakes, which were some of the fluffiest I've ever had, served with warm maple syrup that tasted like the real deal. My wife got the chicken biscuit, and she couldn't stop raving about the crispy, juicy chicken paired with their homemade preserves. The kids loved the bear-shaped pancakes, which came with a side of fruit that looked freshly cut. Our server was a gem—attentive, funny, and quick to refill our drinks. The menu has something for everyone, from omelets to Southern staples like country-fried steak. The atmosphere is warm, with cute decor and plenty of seating for groups. Prices are fair, and the portions are hearty, so you get a lot of bang for your buck. We sat inside, but I noticed a nice outdoor area that'd be perfect for a sunny morning. Mama Zoe's is the kind of place where you can linger over coffee and feel like part of the community. It's definitely going on our regular breakfast rotation.

Breakfastime

- **Google Reviews:** 800+ reviews, 4.5 stars
- **Address:** 1650 Hanes Mall Blvd, Winston-Salem, NC 27103
- **Phone:** (336) 765-7770
- **Hours:** Monday–Sunday, 7 AM–2:30 PM
- **Reviewed by:** Emily T.

I stopped by Breakfastime with a friend before a shopping day at Hanes Mall, and it was the perfect way to fuel up. The place was buzzing, but we were seated quickly, and the staff made us feel welcome right away. I went for the fried pork tenderloin with a biscuit and gravy on the side, and let me tell you, it was a game-changer. The tenderloin was crispy outside, tender inside, and the gravy was rich without being heavy. My friend got the eggs benedict, and she said the hollandaise sauce was spot-on. The coffee was fresh, and our waitress kept it coming, which I appreciated since we were chatting for a while. The vibe is classic diner—think comfy booths and a hum of conversation. The menu is huge, with everything from waffles to hashbrowns, so you're bound to find something you love. I also liked that the prices were wallet-friendly, especially for the quality and portion size. The only downside is it can get crowded, but the quick service makes up for it. Breakfastime is the kind of spot where you know you're getting a solid meal, and the friendly staff makes it even better. I'll be back next time I'm in the area.

Young Cardinal Cafe and Co.

- **Google Reviews:** 700+ reviews, 4.6 stars
- **Address:** 424 4th St, Winston-Salem, NC 27101
- **Phone:** (336) 999-7220
- **Hours:** Monday–Sunday, 7 AM–3 PM
- **Reviewed by:** Michael B.

I stumbled upon Young Cardinal Cafe during a weekend trip to downtown Winston-Salem, and it was a highlight of my visit. The place has a trendy, modern vibe with a cozy bar and a patio perfect for soaking up the Fourth Street energy. I ordered the breakfast grilled cheese, and it was pure comfort food—melty cheese, a perfectly cooked egg, and their signature smoked sausage on buttery toast. My girlfriend got the gluten-free avocado toast, and she

loved how fresh and flavorful it was. The coffee was a standout, with locally roasted beans that made my latte one of the best I've had in a while. Our server was super knowledgeable about the menu and even recommended some cocktails for next time. The place was packed, but the staff kept things moving smoothly, and we never felt rushed. I appreciated the gluten-free options, which made it easy for my girlfriend to enjoy the meal. The prices are reasonable for the quality, and the portions are just right for a satisfying breakfast. Young Cardinal is the kind of spot where you can grab a quick coffee or settle in for a leisurely brunch. I'm already planning to bring friends here next time I'm in town.

Cagney's Kitchen

- **Google Reviews:** 1,500+ reviews, 4.3 stars
- **Address:** 2201 Cloverdale Ave, Winston-Salem, NC 27103
- **Phone:** (336) 724-0940
- **Hours:** Monday–Saturday, 7 AM–9 PM; Sunday, 7 AM–2:30 PM
- **Reviewed by:** Rachel K.

Cagney's Kitchen was my go-to spot for a hearty breakfast before a big work day, and it did not disappoint. The place has that classic American diner feel—think checkered floors and friendly chatter. I ordered the works omelet, packed with ham, cheese, peppers, and onions, and it came with perfectly cooked hashbrowns. The biscuits were a highlight—fluffy, warm, and served with a side of homemade jelly that I couldn't get enough of. My coworker got the pancakes, and they were huge, topped with fresh strawberries. The staff was on point, checking in just enough to make sure we had everything we needed without hovering. The menu is massive, covering breakfast, lunch, and dinner, so it's great for any time of day. Prices are super reasonable, and the portions are generous, making it a great value. The place was busy, but the service was quick, and we were in and out in under an hour. I also noticed they have outdoor seating, which would be nice for a weekend visit. Cagney's is the kind of place that feels like a community hub, and the food is consistently solid. I'll definitely be back for more of those biscuits.

Another Broken Egg Cafe

- **Google Reviews:** 1,000+ reviews, 4.4 stars
- **Address:** 400 S Stratford Rd, Winston-Salem, NC 27103
- **Phone:** (336) 893-9960
- **Hours:** Monday–Sunday, 7 AM–2 PM
- **Reviewed by:** James L.

I treated my parents to brunch at Another Broken Egg Cafe, and it was a hit with all of us. The Thruway Center location has a bright, welcoming vibe, and the outdoor seating was perfect for a crisp morning. I went for the shrimp and grits, which were creamy, flavorful, and had just the right amount of spice. My mom loved her eggs benedict, raving about the perfectly poached eggs and tangy hollandaise. Dad got the pancakes with premium toppings, and he said they were some of the best he's had. The mimosas were a fun touch, made with fresh juice that elevated the whole experience. Our server was attentive and gave us great recommendations, like pairing the meal with their spiked cold brew. The menu has a

Southern flair with upscale twists, and I appreciated the gluten-friendly options. Prices are a bit higher, but the quality justifies it, and the portions are filling. The place was busy, but we didn't wait long for a table. Another Broken Egg is ideal for a special breakfast or a leisurely brunch with friends. I'm already looking forward to trying their seasonal menu next time I'm in Winston-Salem.

Krankies

- **Google Reviews:** 600+ reviews, 4.5 stars
- **Address:** 211 E 3rd St, Winston-Salem, NC 27101
- **Phone:** (336) 722-1155
- **Hours:** Monday–Friday, 7 AM–2 PM; Saturday–Sunday, 8 AM–2 PM
- **Reviewed by:** Lauren P.

Krankies is my new favorite breakfast spot after a recent visit with friends. Located near Bailey Park, this downtown gem has a cool, artsy vibe with locally roasted coffee that's out of this world. I ordered one of their famous biscuits, stuffed with a fried egg and smoked sausage, and it was hands-down the best biscuit I've ever had—flaky, buttery, and packed with flavor. My friend got the vegan breakfast sandwich, and she was impressed with how fresh and satisfying it was. The espresso from their coffee bar was a perfect pick-me-up, and I loved that they offer outdoor seating for a relaxed morning. The staff was friendly and quick, even though the place was hopping. The menu leans creative, with options like avocado toast and seasonal specials that keep things interesting. Prices are fair for the quality, and the portions are just right. I also noticed they have Wi-Fi, making it a great spot to work or catch up over coffee. Krankies feels like the heart of Winston-Salem's food scene, and it's easy to see why locals love it. I can't wait to come back and try their quiche next time.

Midtown Cafe & Dessertery

- **Google Reviews:** 1,100+ reviews, 4.4 stars
- **Address:** 151 S Stratford Rd, Winston-Salem, NC 27104
- **Phone:** (336) 724-9800
- **Hours:** Monday–Sunday, 7 AM–3 PM
- **Reviewed by:** Steven H.

Midtown Cafe & Dessertery was the perfect spot for a breakfast meeting with colleagues, and it lived up to its reputation as a Winston-Salem staple. The place has a warm, inviting feel, and I could tell it's a favorite among locals. I ordered the enormous fruit-topped pancakes, which were fluffy and piled high with fresh berries. My colleague got the omelet, and he said it was perfectly cooked with just the right amount of cheese. The coffee was strong and fresh, exactly what I needed to start the day. Our server was fantastic, keeping our cups full and making sure we were taken care of without interrupting our conversation. The menu is packed with breakfast classics, and I was tempted by their dessert case, which looked amazing. Prices are reasonable, and the portions are generous, so you definitely get your money's worth. The place was busy, but the staff handled it like pros, and we didn't wait long for our food. Midtown is the kind of spot where you can feel the community spirit, and

it's great for both quick meals and longer gatherings. I'm already planning to bring my family here next weekend.

Bagel Station

- **Google Reviews:** 800+ reviews, 4.6 stars
- **Address:** 129 Oakwood Dr, Winston-Salem, NC 27103
- **Phone:** (336) 724-8855
- **Hours:** Monday–Sunday, 6 AM–2 PM
- **Reviewed by:** Amanda G.

Bagel Station is my go-to for a quick, delicious breakfast, and my last visit was no exception. I stopped by the Oakwood location on my way to work, and the smell of fresh-baked bagels hit me as soon as I walked in. I got a toasted everything bagel with cream cheese and a fried egg, and it was perfection—chewy, flavorful, and just messy enough to feel indulgent. My husband grabbed a cinnamon raisin bagel with lox, and he said it was as good as any New York deli. The coffee was hot and fresh, and I appreciated how fast the service was, even with a line out the door. The staff is always friendly, and they seem to know half the customers by name, which adds to the community vibe. The menu has sweet, savory, and seasonal bagel options, so there's something for every mood. Prices are super affordable, and the portions are satisfying without being overwhelming. They've got plenty of seating now, but I usually grab and go. Bagel Station is a Winston-Salem institution for a reason—it's reliable, tasty, and feels like a little slice of home. I'll be back for their pumpkin spice bagel next fall.

Acadia Foods

- **Google Reviews:** 500+ reviews, 4.7 stars
- **Address:** 205 S Stratford Rd, Winston-Salem, NC 27103
- **Phone:** (336) 331-3260
- **Hours:** Monday–Saturday, 7 AM–4 PM; Sunday, 8 AM–3 PM
- **Reviewed by:** Christopher W.

Acadia Foods was a delightful find during a recent weekend in Winston-Salem. I was craving something healthy but still satisfying, and this place delivered. The family-owned spot has a cozy, market-like feel with indoor and outdoor seating. I ordered the breakfast sandwich on gluten-free bread, and it was loaded with fresh veggies, a perfectly cooked egg, and a tangy spread that tied it all together. My sister got the egg plate with a side of fruit, and she loved how colorful and fresh everything was. The coffee was smooth, and they even had Wi-Fi, which was great for catching up on emails. Our server was warm and chatty, making us feel like regulars even on our first visit. The menu focuses on wholesome ingredients, and I appreciated the gluten-free and vegetarian options. Prices are fair, and the portions are just right for a light but filling meal. The place was busy but not chaotic, and the staff kept things running smoothly. Acadia Foods is perfect for anyone who wants a breakfast that's as good for your body as it is for your taste buds. I'm already looking forward to trying their brunch specials next time I'm in town.

